

Cogniva

Cogniva is a chew supplement taken daily that helps to temporarily improve brain performance and alertness. Cogniva contains ingredients that are needed to support building blocks for memory, so it is recommended for students and busy working professionals that are constantly multi-tasking or stressed. It is also widely used by seniors who are experiencing a reduction in memory. Cogniva chews also contain vitamins and mineral to help support biological functions for the maintenance of good health.

Cogniva contains:

- Folate (folic acid)
- Vitamin B12
- Chromium
- Boron (citrate)
- Choline
- Phosphatidylserine
- Caffeine (green tea isolate)