

Contralenta

Contralenta is a product that helps to relieve joint pain associated with osteoarthritis and **can be used as an alternative to Immunocal for clients with an allergy or intolerance to whey**. Contralenta helps protect against the deterioration of cartilage and can be used to relieve joint pain that comes from osteoarthritis associated with wear and tear, overuse, or aging.

Use for at least one month to see beneficial effects.

Contralenta contains:

- Glucosamine (main molecule for building cartilage)
- Chondroitin (helps build cartilage)
- MSM (provides sulphur – a building block for joints)
- Boswellia (anti-inflammatory herb)
- Devil's Claw (plant used to relieve joint pain)
- Boron (for calcium metabolism)